

The Chief & Council have extended the COVID-19 Security Measures until further notice.

\*\*Subject to Change if the current Community situation changes, for example: rise in cases\*\*

## **Hotline Contact Numbers:**

- Fisher River General & Travel Hotline: 431.256.0041
- Fisher River Health Services COVID-19 Hotline: 431.256.0395

SECTION	SECURITY MEASURES
Security	<ul> <li>Checkpoints/Curfew/Stay-at-Home Order will be discontinued.</li> </ul>
Personal/Private Gatherings & Visitation	<ul> <li>Indoor Gatherings at Private Residences: Up to (5) five visitors, in addition to those who reside there.</li> </ul>
	<ul> <li>Outdoor Gatherings at Private Residences: Up to (10) ten visitors from no more than two other households, in addition to those who reside there, are permitted outdoors on private property.</li> </ul>
	<ul> <li>Outdoor Public Gatherings: Up to 50 people permitted outdoors in public spaces (Parks, Ball Diamonds, Treaty Grounds, etc.). Please follow public health guidelines. (If coordinating an outdoor event, please see "Sports &amp; Recreation" section.)</li> </ul>
	<ul> <li>Large Household Gatherings &amp; Parties (over the limits stated above) are still not permitted. Anyone caught having parties or gathering(s) may be subject to fines/penalties issued from the RCMP, fines start from \$1,296.00 and up.</li> </ul>
	Off-Reserve Members can visit the Community under the provisions stated above but must register with the Fisher River General & Travel Hotline before coming home. Off-Reserve members must Self-Monitor for the duration of their visit and follow the Household Gathering Limits.

Out of province members can return to the community but MUST Register with the Fisher River General & Travel Hotline: fully vaccinated members from out of province will not have to isolate. Members not fully vaccinated will be subject to the 14 day isolation period. Funerals/Weddings – Open to 75 participants for Indoor (if venue has the capacity to hold)/outdoor ceremonies, in addition to photographer and officiants. o Indoor weddings and funerals capacity limited to 50% if venue can't accommodate 75 participants, in addition to photographer and officiants. A safety protocol plan must be provided in advance to the Funeral/Wedding to Chief & Council and Health Services. Community, Indoors/Outdoors: Open to 75 participants for Indoor (if **Cultural** and venue has the capacity to hold)/outdoor ceremonies, in Religious addition to staff. **Gatherings**  Indoor capacity limited to 50% if venue can't accommodate 75 participants, in addition to photographer and officiants. A safety protocol plan must be provided in advance to the event to Chief & Council and Health Services. Day Camps: Open to a maximum of 25 participants in groups, joint activities between groups and overnight camps are prohibited. A safety protocol plan must be provided in advance to the event to Chief & Council and Health Services. Businesses, A retail business may open if the operator of the business; Retail & Personal limits the number of members of the public at the business Services the lesser of 50% of the usual capacity of the premises. implements measures to ensure that members of the public at the business are reasonably able to maintain a separation of at least two metres from other members of the public. Restaurants open at 50 per cent capacity for indoors and 50 per cent for outdoor dining; for indoor dining patrons

	seated together must be from the same household, unless all patrons at the table are fully immunized; for outdoor dining table sizes are limited to 8 people. This is at the discretion of management.  Personal Services can open at 50 per cent capacity, appointments are no longer required.  Fisher River Gaming Centre is now open. Must be fully vaccinated to enter the building.
Travel	<ul> <li>Travel remains open to the City of Winnipeg:         <ul> <li>Overnights will be allowed but you MUST register with the Fisher River General &amp; Travel Hotline before leaving.</li> <li>Members who travel for Day Trips will not have to register.</li> </ul> </li> </ul>
	<ul> <li>Fully immunized Manitobans will now be able to travel between provinces without having to self-isolate for two weeks upon return with a new, secure immunization card that will be available to people two weeks after they have received both doses of a COVID-19 vaccine. <ul> <li>To be eligible to receive an immunization card, Manitobans must:</li> <li>have a Manitoba health card;</li> <li>have received two doses of a vaccine; and</li> <li>wait 10 days after getting the second dose of vaccine, so it can take full effect.</li> <li>Manitobans may apply for the card using the new online portal at https://immunizationcard.manitoba.ca/</li> </ul> </li> </ul>
	<ul> <li>International Travel is still not permitted, if you do travel International; you will be subject to the 14 day isolation period.</li> </ul>
Education & Child Care	<ul> <li>Charles Sinclair School &amp; Fisher River High School, back to school plans to be announced.</li> <li>The WeeCare Child Care Centre remains open as per their guidelines.</li> </ul>
Sports & Recreation	If planning an event, a safety protocol plan must be provided in advance to event to Chief & Council and

	Health Services.
	<ul> <li>Fisher River Fitness Centre can open at 25 per cent capacity with three metres distance maintained between patrons for both individual and group fitness. Open to our neighboring communities. Appointments are mandatory.</li> </ul>
	<ul> <li>It is recommended that all participants if eligible be vaccinated.</li> </ul>
Use of Masks	<ul> <li>It is mandatory for a person who enters or remains in an indoor public place must wear a mask in a manner that covers their mouth, nose, and chin without gapping.</li> </ul>
	<ul> <li>The operator of an indoor public place must ensure that every person who is not wearing a mask while in the indoor public place is given a reminder to do so as soon as practicable.</li> </ul>
Fines	<ul> <li>Current fines range from \$298 for not wearing a mask in a public place to \$1,296 for individuals failing to comply with emergency orders and \$5,000 for corporations disobeying the rules. Fines double for repeat offenders.</li> </ul>

Please remember to follow the best practices when out & about even when in the community:

- wearing a face mask in the public,
- maintain Social distancing,
- clean commonly touched surfaces,
- frequently wash hands for 20 seconds or use hand sanitizer,
- avoid contact with sick individuals,
- stay home if feeling sick, even if mild symptoms; and
- limiting carpooling or travelling in vehicles other than your immediate household family members. If you must travel with individuals outside your immediate house, please wear a mask.

If you begin to develop symptoms for more than 24 for hours, even if mild; please contact Fisher River Health Services.

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#### SYMPTOMS - New onset of:

- Fever > 38°C or subjective fever / chills
- Cough
- Sore Throat / hoarse voice
- Shortness of Breath/Breathing Difficulties
- Loss of Smell or Taste
- Vomiting or Diarrhea for more than 24 hours

### TWO OR MORE of:

- Runny nose
- Muscle aches
- Fatigue
- Conjunctivitis (Pink Eye)
- Headache
- Skin rash of unknown cause
- Nausea or loss of appetite
- Poor Feeding (if an Infant)

Please DO NOT travel if you do need to and please STAY HOME if you are feeling unwell. We all must do our part in protecting the community and these measures are to help contain the spread of COVID-19.

Chief David Crate Councillor Darrell Thaddeus Councillor Hillary Murdock Councillor Cory Murdock Councillor Carl Cochrane

## **ISOLATION CLARIFICATION:**

- Fisher River Health Services oversees Isolation matters for those who are COVID-19 Positives and those named as Close Contacts.
- Fisher River Cree Nation Security oversees Isolation matters regarding violations of Health & Safety Protocols and Restrictions.

If you develop symptoms or are not sure if you should be tested, contact Fisher River Health Services COVID-19 Hotline at 431.256.0395 between 8:30am – 4:30pm. For after hours you can contact Percy E. Moore Hospital at 204.372.8444 or Health Links – Info Santé is

available for questions or medical concerns at 204-788-8200 or toll-free at 1-888-315-9257. Or if you are needing to speak to someone regarding mental wellness, please contact the Rainbow House Wellness Centre 24 Hour Line a 431.256.0359.