



FISHER RIVER HEALTH SERVICES

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Fisher River Health Centre Briefing
Introduction to FRHC Programs and Updates

FISHER RIVER HEALTH SERVICES MISSION AND VALUES

Vision

Healthy individuals and families living in a safe and health community

Mission Statement

Fisher River Health Services will create and deliver health services that will utilize approaches to support and enhance the mental, physical, emotional and spiritual well-being of the individual, families and community.

Updates/In Progress:

New Health Centre – Final stages of New Health Centre Design and Layout.

PROGRAMS

JORDAN'S PRINCIPLE

Mission

The Fisher River Cree Nation's C.A.R.E Program mission is to empower each child to live at home with support from a team of family and community resources guided by the Fisher River Cree Nation.

Vision

The vision of the Fisher River Cree Nation's C.A.R.E Program is for each client to achieve the best possible state of health and independent living in the community through empowerment and appropriate support systems.

Philosophy

The Fisher River C.A.R.E Program believes in encouraging and enhancing the child's self-determination and self-reliance and well-being with assistance from the family community resources only if necessary, thus enabling the child to continue to live as independently as possible at home and within the community.

Case Manager

Administrative Assistant

Child Development Workers

Wellness Worker

Rehabilitation Assistant

Land Based Elder

Youth Cultural/Child Development Worker

Number of Clients: 58 clients as of June 2022 – Subject to change

Located at the Fisher River Business Centre to better accommodate staff and clients, Jordan's Principle is settling into their new space while continuing to provide quality care to those in the program.

Update:

- OT/PT/SLP/Dietician and Councilor – Occupational and Physical Therapist visits monthly
- Pediatrician visits
- Heather Kerr is also available for Counseling

RAINBOW HOUSE WELLNESS CENTRE

FAMILY WELLNESS

Goals:

- To provide Family Support Services to the families in the community, while looking to maintain and enhance their well-being, physically, spiritually, mentally and emotionally.
- To support and assist in Family Dynamics, education, prevention, intervention, post intervention practice/ work.
- To help families bring out their strengths, gifts as a family and as individuals, while building on them.
- To assist and support healthy parent and child interaction
- To work collaboratively with the families in the community.

Update:

- Wellness Through Art - Paint Night along with Jordan Principal & families in September
- Elder's Ribbon Skirts completion Sept 13th
- Truth & Reconciliation Awareness Day – Sept 30th

NNADAP

Goal:

To provide support and awareness to families and individuals; concerning addictions, relapse, prevention and intervention.

Update:

- One to one Assessments & treatment planning and after care.
- AA group meeting every Tuesday
- Additional funding to promote Cultural Component to AA meetings through Land Based activities & events
- Balancing the Hook – Gambling Information session come & go in September, pick up resources, bag lunch & free draws
- Healing Sweat at Ron Sinclair in October
- Monthly Prevention Sessions on varies topics around addictions
- Gospel Singing in October
- November is Addiction Week, NNADAP established 1973 and theme is the 70's for the annual AA Social

MENTAL HEALTH

Goals:

- To promote mental health through annual events and education, promote healthy life styles for youth, adults, elders and community through Culture /traditional healing concepts.

- To promote supports in less harm reduction and support with community resources, mobile crisis units, Loss & grief workshops, community emergency contacts.
- To promote & continue spiritual holistic healing methods & natural remedies for community of all ages.

Update:

- In the absence of a Mental Health Worker, Rob Desrochers and Heather Kerr are available for Mental Health Services and Counseling
- Suicide Awareness Month – resources posted in the community bring awareness

Mental Health Wellness Team Manager

Family Wellness Worker

Addiction Specialists/NNADAP

Mental Health Worker

RWH Programs Fall Newsletter will be out end of Sept (Oct, Nov & Dec) Newsletter 4x a year

Update:

New Programing coming soon:

- Suicide Prevention Worker, will work closely with the Schools and community.
- Opioid Agonist Therapy Wraparound Services (OATS) Program:
 1. Supporting the Fisher River Cree Nation individuals using substances, their families and the community.
 2. To address gaps in service delivery regarding substance use, prevention and treatment programs where opioids are not the primary substance.
 3. Collaborate with local entities and enhance services to support clients with primary care, pharmacy, traditional healing, mental health and addition services.

MEDICAL TRANSPORTATION

Program Objectives:

1. Provide Non-insured Health Benefits in a manner that;
2. Is appropriate to their unique health needs;
3. Contributes to the achievement of an overall health status;
4. Is sustainable from a fiscal and benefit management perspective; and
5. Provides medical van services to referred health facilities;
6. Provides daily, monthly and quarterly reports to FRHC and NIHB.

Priorities:

Access to treatment to:

- FRHC Clinic
- PEMH
- Other referral Health Facilities and/or diagnostic location; Eriksdale, Arborg, Gimli, Selkirk, Winnipeg and other Locations.
- Treatment Centers

Med-Trans Coordinator

Med-Trans Clerk

Transportation vehicles: 5 medical vans. 2 Additional vans through FNIHB

Full-time Drivers Murdock

Casual Drivers

Update:

- Traditional Healers - Funding is now provided by MKO and no longer available through Medical Transportation, clients must complete the forms and send directly to MKO for funding.

HOME CARE

Priorities:

1. Provide Home Care services to eligible community members.
2. Adult Health and disease processes.

Goal:

To empower each client to live at home with support from a team of family and community resources guided by the Fisher River Home Care Program. For each client to achieve the best possible state of health and independent living while living at home for better life management in the community through empowerment and appropriate support systems.

Objectives:

To establish and provide quality assured holistic health programs and services that are reflective of Fisher River's population and health priorities in Adult Health and Home Care within 3 domains:

1. Nursing Care
2. Personal Care
3. Homemaking

Home Care Nurse/Coordinator

Home Care Nurse

Health Care Aids

Homemakers

**HCCP Maintenance
Dialysis Escort**

Number of Clients in Program: 67 Clients, subject to change.

Update:

Homecare will be providing an Information Session for Homecare clients regarding Job Descriptions of Homecare Program Staff, along with Program Information and Services.

NURSING

Regular Optometrist Visits

Regular Dental Visits

Dr. Clinic – Doctors from Percy Moore Hospital (by appointment)

Vaccine clinics

Foot care

COVID 19 Community Guidelines Update:

- **Fully vaccinated (2 doses):** 5-day isolation from symptom onset or test day as long as individual is symptom free for 24 hours at the end of day 5.
- **Not fully vaccinated:** 10-day isolation.
- **Positive cases** are to notify their own close contacts.
- Close contacts living in the same household as a positive case are required to isolate until positive case recovers (even if fully vaccinated). Close contacts in same household should perform a home test if symptoms develop. Call FRHC (204)645-2689 to arrange for pick-up of rapid testing kit.
- Close contacts not living in the same household, are not required to isolate, however are advised to self-monitor for symptoms and call FRHC (204)645-2689 to arrange for pick-up of rapid testing kit if symptoms develop. Close contacts are required to isolate immediately if symptoms develop.
- Vaccine Boosters for COVID 19 – names can be left at the FRHC front desk for next vaccination clinic.

Update:

- Flu shots will be out soon, please watch for notice of clinic.

Nursing (Clinic):

Nurse-in-charge

Universal Nurse

Clinic Nurses

Clinic support

Medical Records

CANADA PRENATAL NUTRITION PROGRAM – CPNP:

3 Core Elements:

1. Nutrition Screening, counselling, education
2. Maternal nourishment
3. Breastfeeding education, promotion and support

Goal

The FRCN CPN Program is to improve pre-natal and post-natal care by providing nutritional health resources and education, supporting breastfeeding initiatives and provide skill-building opportunities as identified in the core elements.

Program Services

- Baby coupons
- Prenatal appointments and post-partum check ups
- Well baby appointments.

CPNP Worker

HEALTH EDUCATION AND IMMUNIZATIONS

Goal:

To Work along with community members of FRCN, FRHC staff and other professionals to implement community focused strategies to increase awareness and focus on safety and on prevention of STI's, BBP's, HIV/AIDS and other communicable diseases.

- Please leave name with Tanya Kirkness, FRHC NIC, or Front Desk for immunizations.

DIABETES SUPPORT – ABORIGINAL DIABETES INITIATIVE

Goal:

To implement community based prevention and intervention, ensuring family health and wellness to community members. Delivering continuous supports and education through FOOD SECURITY, ensuring healthy eating, importance of PHYSICAL ACTIVITY and maintaining a healthy lifestyle to improve FAMILY WELLNESS, prevent diabetes and chronic disease. Educating and provided resources that teach and address these priorities.

Objectives:

Improve community member's access to urgent and non-urgent health services (local & regional). Improve access to other appropriate health care providers and services required.

Increase access to information related to healthy eating, physical activity and family wellness. Improve the school and community in supporting a healthy lifestyle environment practices thru health topics presented at school and community level.

Improve and strengthen community networking groups and partnerships. Promoting family wellness thru community gatherings, workshops, pre-screening in the school, along with acknowledging the importance of maintaining a healthy lifestyle and addressing obesity to decrease prevalence risk factor and complications leading to diabetes.

Diabetes Support Worker

Updates:

- Monthly coupons offered to clients in place of weekly diabetic breakfast coupons

ENVIRONMENTAL HEALTH

The community-based Environmental Health Worker works in collaboration with the Environmental Health Officer (EHO) within FNIH, Manitoba Region. The EHW is responsible for the EH Program and the Drinking Water Safety Program. The EHP activities include: inspection of the local landfill site and lagoon, public food facility inspections and home safety inspections for private homes and training for community members and health staff on the following: Safe Food Handling certification, Workplace Hazardous Materials Information System (WHMIS) and Transportation of Dangerous Goods.

Environmental Health Worker